



Leadership LIVE

2017
2018

A series of workshops, special events, and community service opportunities designed to further your leadership development.



Jefferson

Philadelphia University +
Thomas Jefferson University

HOME OF SIDNEY KIMMEL MEDICAL COLLEGE

Jefferson.edu/LeadershipLIVE



“ I have learned that leadership begins within myself, as I self-reflect on my values, beliefs and interests. I can then with integrity, interact with others, building others in their own unique leadership style and qualities. ”

– Sasha Thomas
 Jefferson College of Health Professions
 Department of Occupational Therapy





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The Leadership Team expresses its thanks to the Farber Foundation for its generous continued support of the Leadership LIVE program.

Leadership LIVE Guiding Statements

Philosophy/Key Assumptions

- Leadership development should be accessible and inclusive
- Leadership is a process rather than a position
- The program is informed by the Leadership Identity Development Model
- Each individual has the capacity to develop and practice leadership within multiple contexts

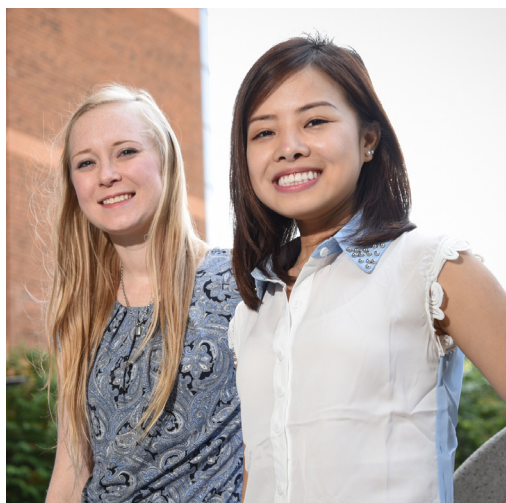
Mission

The mission of Leadership LIVE is to promote leadership as an integral aspect of higher education. We strive to empower students to be ethical leaders in the healthcare industry and the global community, teaching them that leadership is a process, not just a position. Leadership LIVE fosters an awareness of self and others, the value of teamwork, and an understanding of living and leading in diverse contexts.

Learning Outcomes

By participating in this program students will be able to:

- Increase awareness of self and others in relation to leadership
- Demonstrate the skills necessary to work collaboratively
- Discuss theoretical and practical knowledge about leadership
- Understand leadership as a process
- Identify opportunities to enhance leadership development
- Engage in leadership behaviors



Curriculum

The Leadership Team designs the Leadership LIVE program each academic year to ensure that all of the core concepts below are integrated. While individual sessions may reflect one or more of the core concepts, the program as a whole reflects the curriculum in its entirety.

I. DIVERSITY

- Diversity in leadership styles • Diversity among team members
- Collaborating in a global workforce

II. INTEGRITY

- Excellence • Ethical standards • Professionalism • Respect

III. PERSONAL AND PROFESSIONAL DEVELOPMENT

- Self-awareness • Leadership as a learned behavior • Networking
- Motivation of self and others • Professional organizations • Mentoring

IV. PRINCIPLES OF LEADERSHIP

- Creativity • Stylization • Qualities of a leader

V. SERVICE

- Commitment to leadership outside of the workplace • Community service
- Being a role model

VI. TEAMWORK

- Communication • Assertiveness • Conflict resolution • Being a change agent
- Working with strengths

Register for Leadership LIVE!

To register, simply visit: Jefferson.edu/LeadershipLIVE

- Many sessions are offered twice, once in the afternoon and once in the evening. Please attend whichever offering accommodates your schedule.
- There is no charge to participate in Leadership LIVE
- Program is open to all matriculated students at Thomas Jefferson University

Leadership LIVE Program Calendar

Please refer to the corresponding sections in this brochure for detailed information on sessions and service activities.

- Session Time 12-1 pm
- Session Time 5:30-6:30 pm
- Session Time 5:30-7:00 pm
- Special Event 5:30-7:30 pm
- Leadership Portfolio Submission Deadline
- Service Activity
- Leadership Ceremony 5-8 pm

September 2017						
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					1	2
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17	18	19	20	21	22	23
24	25	26	27	28	29	30

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December 2017						
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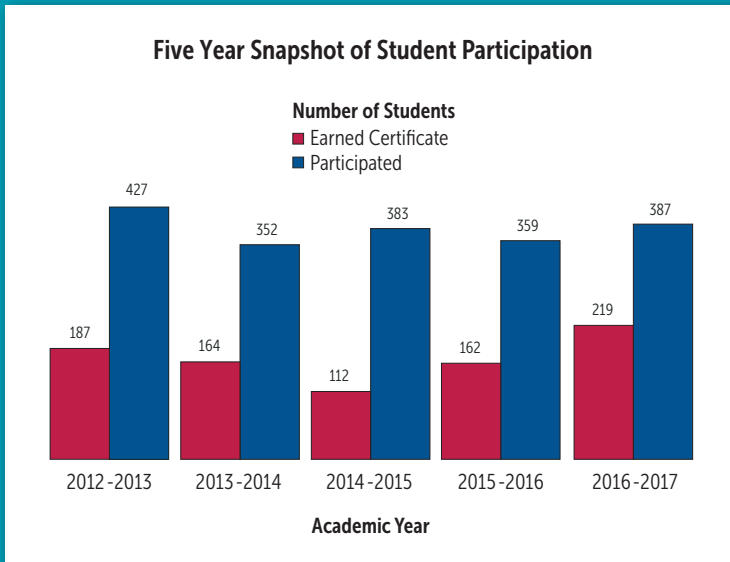
January 2018						
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February 2018						
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March 2018						
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April 2018						
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22	23	24	25	26	27	28
29	30					

Leadership LIVE Participation



Recognition Opportunities

Leadership Certificate

Participants who earn at least eight leadership credits during the 2017-18 academic year will receive a Leadership Certificate. Earning your Leadership Certificate is a great accomplishment to highlight on your resume and reference in your future job interviews. Even more importantly, your participation in the Leadership LIVE program can benefit you throughout your professional career.

Leadership Ceremony

Participants who earn at least eight leadership credits during the 2017-18 academic year will be invited to attend the Leadership Ceremony on Monday, April 9, 2018, where Leadership Certificates will be presented.

Leadership Transcript

All participants will have the option of receiving a Leadership Transcript at the end of the academic year. The Leadership Transcript will provide you with a detailed record of your participation in the program, listing the specific sessions you attended during the year.

Leadership Credits do not transfer over from one academic year to the next.

Leadership LIVE Sessions Information

The abbreviation “LC” indicates the number of Leadership Credits for each session. Leadership Credits are determined by the content of a session in relation to the length of the session. Some sessions may be the same length of time but be worth a different number of Leadership Credits as they are weighted differently due to the content and learning experience.

1. Getting Started: Beginning Your Leadership Journey (1 LC)*

Presenters: Jennifer Fogerty, MEd, Jennifer M. Gronsky, MA, and Rebecca LeFevre, MSL

Leadership Curriculum: Personal and Professional Development, Principles of Leadership

Monday, September 25 | 12 PM – 1 PM | College, Herbut Auditorium

Monday, September 25 | 5:30 PM – 6:30 PM | JAH, Brent Auditorium

Tuesday, September 26 | 12 PM – 1 PM | College, Foerderer

In this first session, we will provide an overview of the Leadership LIVE program and engage in a discussion on the many definitions and philosophies of leadership. From there we will transition into a conversation on values and self-awareness, a foundational topic in leadership. Self-awareness is essential for leaders, and one way to increase your self-awareness is through knowing your values and reflecting upon how they influence your beliefs and actions. We'll briefly discuss the principles of values-based leadership and lead participants through an activity to identify their core values.

*** Note: Some content for this first session will be similar to last year, so you may not wish to repeat this session if you previously attended.**





2. Allyship: Do the Work, Don't Just Wear the Badge (1LC)

Presenter: Matthew Bonder, MEd

Leadership Curriculum: Diversity, Integrity, Personal and Professional Development, Principles of Leadership

Monday, October 9 | 12 PM – 1 PM | JAH, Eakins Lounge

Tuesday, October 10 | 5:30 PM – 6:30 PM | JAH, Brent Auditorium

This session will discuss the concept of “Performative Allyship,” and how it can be harmful to supporting members of the Jefferson community. Performative Allyship (AKA “ally theater”) can be defined as the act of publicly commodifying the “ally” identity for marginalized communities to garner positive praise or reward (e.g. Facebook likes, comments, post shares, etc.). We will evaluate the differences between genuine allyship and ally theater. Participants will be encouraged to participate in a conversation and activities to learn how they, as health care providers, can better support and empower their diverse patient populations and brainstorm plans for continuing their inclusive education.

3. Ethical Leadership and Decision Making (1LC)

Presenters: Colleen Dempsey, Ed.D., RT(R) and Chris Miciek, MA

Leadership Curriculum: Diversity, Integrity, Service

Monday, October 23 | 5:30 PM – 6:30 PM | JAH, Brent Auditorium

Tuesday, October 24 | 12 PM – 1 PM | JAH, Eakins Lounge

Cultivating wisdom and intentional exercising of ethical reasoning moves the individual beyond the technique of leadership and into the realm of making good decisions. Working through the steps of ethical reasoning and applying the various paradigms of ethical decision making incorporates a broader perspective of one’s leadership. This session will focus on applying ethical reasoning steps through evaluation and discussion of case studies. Participants will be provided with tools to analyze situations and exercise ethical reasoning in order to apply these techniques in their personal and professional lives. Participants will leave the session empowered to approach decision making in an ethical manner that considers multiple perspectives.



sunday breakfast
Rescue Mission
Helping the hungry, homeless & hurting

4. Breaking Down Walls (1LC)

Presenters: La'Verne Webb, MA and Guest Presenter: Don Trahan, Jr., PhD, LPC

Leadership Curriculum: Principles of Leadership

Monday, November 6 | 12 PM – 1 PM | JAH, Eakins Lounge

Wednesday, November 8 | 5:30 PM – 6:30 PM | JAH, Eakins Lounge

This session will focus on discussion about the reactions to the President's proposal to build a physical wall as a basis for reflecting on the various invisible internal and external walls that we build, and the impact they have on our interpersonal relationships. Participants will engage in activities to help them discover how to recognize personal barriers (walls) and will be given the tools to annihilate these walls.

5. SPECIAL EVENT Oxfam Hunger Banquet (2 LC)

Presenters: Rebecca LeFevre, MSL, Marybeth Pavlik, MSN, RN, and
Guest Presenter: Lisa Vernaza, MPA

Leadership Curriculum: Diversity, Integrity, Personal and Professional Development

Tuesday, November 14 | 5:30 PM – 7:30 PM | JAH, Atrium

This interactive and impactful session will include a dining experience where participants are randomly assigned to upper, middle, or lower class income groups representing the actual current distribution of wealth in our country. Participants will learn more about hunger, poverty, socioeconomics, the distribution of wealth in the United States, and resource access and its impact on nutrition. This event is designed to give students a deeper understanding of these issues to foster their ability to demonstrate an important leadership quality, empathy, when encountering individuals from different socioeconomic backgrounds.

6. Reflective Leadership (1LC)

Presenters: James Dyksen, MEd, Chris Miciek, MA, and Briana Schwartz, MA

Leadership Curriculum: Personal and Professional Development, Principles of Leadership

Tuesday, November 28 | 5:30 PM – 6:30 PM | JAH, Brent Auditorium

Wednesday, November 29 | 12 PM – 1 PM | JAH, Room 407

Effective leadership includes critical self-reflection as a component of good goal-setting and decision-making. Self-reflection enables us to move past mere reaction by allowing us to identify the dynamics in ourselves, others, and our contexts, and then thoughtfully determine appropriate actions and steps to take.

This session will explore the benefits of, and techniques for, engaging in self-reflection as a regular practice. A focus will be on developing practices of reflective writing, with opportunities to begin that practice. The goal is for participants to be better able to find practical avenues for critical reflection, and to develop habits that promote thoughtful awareness, good planning, and informed adaptation designed to encourage improvement, growth, and effective leadership.

Note: Above program is being offered collaboratively with the Humanities and Health Series. Students may earn dual credit in both the Leadership LIVE and the Humanities and Health Series by attending this program.

7. Shaping a Vision and Leading Forward: A Conversation with the Vice Provost of Student Affairs (1LC)

Guest Presenter: Charles A. Pohl, MD

Leadership Curriculum: Integrity, Personal and Professional Development, Principles of Leadership

Wednesday, January 10 | 5:30 PM – 7:00 PM | JAH, Brent Auditorium

Become a visionary leader by learning how to frame one's thoughts and use forward vision thinking to develop and execute a strategic plan.

“This leadership experience has shown me that leadership is not a solitary enterprise. It has shown me that leadership can be found in teamwork, communication, and kindness. Most importantly, I have learned that I don't have to change who I am to be a successful leader. I am free to be myself. As long as I work hard, success will follow.”

– Rosetta Williams,
Sidney Kimmel Medical College

8. Put Some “Respect” aka Respect On It (1LC)

Presenter: LaVerne Webb, MA and Guest Presenter: Sabrina Umstead-Smith, MS

Leadership Curriculum: Principles of Leadership

Monday, January 22 | 12 PM – 1 PM | JAH, Eakins Lounge

Tuesday, January 23 | 5:30 PM – 6:30 PM | JAH, Brent Auditorium

Respect. What is it? This session will explore the meaning of respect in human relationships and its importance in overcoming the negative impact of prejudice, bias, racism, and stereotypes. Students will engage in group activities that demonstrate the importance of appreciating the diversities of others and welcoming the qualities that cultural inclusion brings.

9. SPECIAL EVENT – Building Coalitions: Advocacy & Political Action as a Student (2LC)

Presenters: James Dyksen, MEd, Lisa Kozlowski, PhD, Anna Miller, MBA, and Tep Ros, MPA

Leadership Curriculum: Personal and Professional Development, Principles of Leadership, Service, Teamwork

Monday, February 5 | 5:30 PM – 7:30 PM | Hamilton, Connelly Auditorium

The current political climate has individuals paying special attention to issues that affect our country’s citizens at personal, local, and national levels. Additionally, Jefferson encourages students to take on leadership roles within one’s community or chosen profession. Have you felt moved to speak up, advocate, or otherwise take action on one or more issues of importance, but felt unsure about what steps to take to organize, to garner support, to form coalitions, or to effectively promote real change – while being a busy full-time student in a challenging Jefferson program?

During this event you will have the opportunity to hear from a panel predominantly made up of Jefferson students who have worked to organize, advocate, and/or take political action. The panel will discuss issues related to advocacy and political action efforts while a student, and will respond to questions. In addition to the panel discussion, participants will also engage in a workshop focused on appropriate and effective coalition building.

“This leadership experience has equipped me with the tools needed to be a more competent and effective leader. I’ve learned how and when to stand up for others without a voice, what it means to be an advocate and the importance of stress relief on one’s mental status as a leader.”

– Ndidi Enwereji,
Jefferson College of Population Health



10. Stereotype Awareness and Identity (1LC)

Presenters: Everette Nichols, MA and Kenneth Lastowka, MS

Leadership Curriculum: Diversity, Integrity, Personal and Professional Development

Monday, February 19 | 12 PM – 1 PM | JAH, Eakins Lounge

Tuesday, February 20 | 5:30 PM – 6:30 PM | JAH, Brent Auditorium

Students will learn about personal identities, perception of self, and how those thoughts can sometimes influence the way that we view others and ourselves. Discussion will include topics such as gender gaps in test scores, success in math and science, the perceived higher levels of athleticism of Black men compared to their White counterparts, etc. Looking at several resources and experiments this presentation will address the wide ranging and real effects of stereotyping. Additionally, this session will teach students how to combat the pressures of stereotype threat and how students can help make a difference in their communities as leaders.

11. Go the Extra *Millennial* Mile (1LC)

Presenters: Morgan Portugal, MEd and Tep Ros, MPA

Leadership Curriculum: Personal and Professional Development

Monday, March 5 | 5:30 PM – 6:30 PM | JAH, Brent Auditorium

Tuesday, March 6 | 12 PM – 1 PM | JAH, Brent Auditorium

Millennials are the fastest-growing generation in the workforce but when it comes to the workplace, millennials sometimes get a bad reputation. In this session we will take an authentic look at the stereotypes and trends of millennials and discuss how to overcome these challenges. We aim to empower participants to use their millennial assets to exceed expectations of workplace bias. Additionally, participants will receive a guide with tips to help navigate life. #winning

12. Talk Less, Listen More: Active Listening and Effective Communication (1LC)

Presenter: Briana Schwartz, MA

Leadership Curriculum: Personal and Professional Development, Principles of Leadership, Teamwork

Monday, March 19 | 12 PM – 1 PM | JAH, Eakins Lounge

Tuesday, March 20 | 5:30 PM – 6:30 PM | JAH, Brent Auditorium

Effective, empathetic communication is a crucial aspect of leadership, and such communication depends on the ability to listen actively and learn from those around us without interruption or judgment. This session will discuss some of the underlying principles and benefits of active listening while providing attendees with tools to improve their own active listening skills in academic, professional, and personal settings.

Leadership Portfolio (2 LC)

Facilitators: James Dyksen, MEd and Briana Schwartz, MA

Leadership Curriculum: Personal and Professional Development, Principles of Leadership

The Leadership Portfolio option provides students with an opportunity to illustrate their leadership development through a compilation of their leadership learning and experiences. A Leadership Portfolio is an ongoing reflection of the individual accomplishments, skills, activities, programs and other related experiences that have contributed to personal leadership development. Students can use a leadership portfolio when they need to demonstrate their leadership abilities, such as in a job or internship interview. The portfolio will include a personal statement on leadership, resume, listing of leadership experiences, reflective essays on leadership experiences, and an essay on leadership growth. Students can access detailed information on the Leadership Portfolio by visiting jefferson.edu/LeadershipLIVE. The deadline for submission of the Leadership Portfolio is **March 15th**.

“ I enjoyed connecting with students from different schools, and I feel like I learned skills that will be applicable beyond my career and studies. ”

– Elana Sitnik,
Jefferson College of Biomedical Sciences

Leadership in Action: Serving the Community (2 LC)

Leadership Curriculum: Diversity, Integrity, Personal and Professional Development, Principles of Leadership, Service, Teamwork

Service is an important component of leadership. This session will provide participants with the opportunity to actively engage and reflect upon a service opportunity within the community. A variety of service opportunities will be offered during the fall and spring semesters. Students may select the one that best fits with their own goals and personal philanthropy.

Students who complete a service activity AND complete the corresponding online reflection within one week of the service activity will receive TWO Leadership Credits (2LC). Registration is on a first-come, first-serve basis; all students must sign-up in advance to participate. Due to popular demand, students may only be able to participate in one service activity per year. However, if space is available in a service activity and no additional students are volunteering, a student may sign up for a second service activity.

An email will be sent to all students registered for the Leadership LIVE program with additional details on each of the service activities and instructions on how to sign up. You may also visit the Service Activities page of our Leadership LIVE website (jefferson.edu/LeadershipLIVE) for additional information.

Please note that a maximum of two Leadership Credits will be awarded regardless of the number of opportunities completed.

Fall Semester Service Activities

Sunday Breakfast Rescue Mission | Saturday, October 7 | 9:30 AM – 1 PM

Ronald McDonald House of Southern NJ | Friday, October 13 | 4:30 PM – 7:30 PM

Philabundance | Tuesday, October 17 | 6 PM – 8:30 PM

Philadelphia AIDS Thrift Store | Thursday, October 26 | 4:30 PM – 8 PM

Veterans Affairs Medical Center | Saturday, November 4 | 1:45 PM – 4 PM

Cradles to Crayons | Tuesday, November 7 | 6 PM – 8 PM

SHARE: Bagging Saturday | Saturday, November 11 | 9 AM – 12 PM

St. Peter's Churchyard Gardeners | Sunday, November 19 | 1 PM – 4 PM

Spring Semester Service Activities

Our spring service activities will be finalized later in the fall semester. Updates will be posted on the Service Activities page of our Leadership LIVE website.

2017-18 Leadership Team

The Leadership LIVE program is coordinated by the Programming Team in the Office of Student Life and Engagement.

Jennifer M. Gronsky, MA

*Director of Student Programs & Leadership,
Office of Student Life & Engagement
jennifer.gronsky@jefferson.edu*

Rebecca LeFevre, MSL

*Assistant Director of Student
Organizations & Leadership,
Office of Student Life & Engagement
rebecca.lefevre@jefferson.edu*

Diana Kestler

*Administrative Assistant,
Office of Student Life & Engagement
diana.kestler@jefferson.edu*

Regina Bucciaaglia

*Administrative Coordinator,
Office of Student Life & Engagement
regina.bucciaaglia@jefferson.edu*

Associate Team Members

Matthew Bonder, MEd

*Career Counselor,
Career Development Center
matthew.bonder@jefferson.edu*

Colleen Dempsey, Ed.D., RT(R)

*Assistant Professor,
Jefferson College of Health Professions,
Department of Radiologic Sciences
colleen.dempsey@jefferson.edu*

Amelia DiValerio

*Administrative Assistant,
Career Development Center
amelia.divalerio@jefferson.edu*

James Dyksen, MEd

*Associate Director,
Academic Support Services,
Office of Student Affairs
james.dyksen@jefferson.edu*

Jennifer Fogerty, MEd

*Assistant Provost for Student Affairs,
Office of the Provost
jennifer.fogerty@jefferson.edu*

Lisa Kozlowski, PhD

*Associate Dean, Student & Postdoctoral Affairs,
Jefferson College of Biomedical Sciences
lisa.kozlowski@jefferson.edu*

Kenneth Lastowka, MS

*Assistant Director of Residence Life,
Department of Housing & Residence Life
kenneth.lastowka@jefferson.edu*

Chris Miciek, MA

*Director,
Career Development Center
chris.miciek@jefferson.edu*

Anna Miller, MBA

*Education Program Specialist,
Office of the Provost
anna.miller@jefferson.edu*

Everette Nichols, MA

*Assistant Director of Housing Operations,
Department of Housing & Residence Life
everette.nichols@jefferson.edu*

Marybeth E. Pavlik, MSN, RN

*Instructor,
College of Nursing
marybeth.pavlik@jefferson.edu*

Morgan Portugal, MEd

*Housing Coordinator,
Department of Housing & Residence Life
morgan.portugal@jefferson.edu*

Tep Ros, MPA

*Program Manager,
Institute of Emerging Health Professions
tep.ros@jefferson.edu*

Jennifer Ravelli, MPH

*Assistant Dean, Student Affairs,
Jefferson College of Population Health
jennifer.ravelli@jefferson.edu*

Briana Schwartz, MA

*Academic Development Specialist,
Academic Support Services,
Office of Student Affairs
briana.schwartz@jefferson.edu*

La'Verne Webb, MA

*Executive Assistant to the Dean,
Jefferson College of Biomedical Sciences
laverne.webb@jefferson.edu*

